

## Psalm

Psalm 34:1-10, 22; refrain, Ps. 34:9

1\* Fear the LORD, you saints of the LORD; for  
2 those who fear the LORD lack noth - ing.  
3  
4

\*May be sung in canon.

- I will bless the LORD <sup>1</sup> at all times;  
the praise of God shall ever be <sup>1</sup> in my mouth.
- <sup>2</sup>I will glory <sup>1</sup> in the LORD;  
let the lowly hear <sup>1</sup> and rejoice. **R**
- <sup>3</sup>Proclaim with me the greatness <sup>1</sup> of the LORD;  
let us exalt God's <sup>1</sup> name together.
- <sup>4</sup>I sought the LORD, who <sup>1</sup> answered me  
and delivered me from <sup>1</sup> all my terrors.
- <sup>5</sup>Look upon the LORD <sup>1</sup> and be radiant,  
and let not your faces <sup>1</sup> be ashamed.
- <sup>6</sup>I called in my affliction, and <sup>1</sup> the LORD heard me  
and saved me from <sup>1</sup> all my troubles. **R**
- <sup>7</sup>The angel of the LORD encamps around those who <sup>1</sup> fear the LORD  
and de- <sup>1</sup> livers them.
- <sup>8</sup>Taste and see that the <sup>1</sup> LORD is good;  
happy are they who take ref- <sup>1</sup> uge in God!
- <sup>9</sup>Fear the LORD, you saints <sup>1</sup> of the LORD,  
for those who fear the <sup>1</sup> LORD lack nothing.
- <sup>10</sup>The lions are in want and <sup>1</sup> suffer hunger,  
but those who seek the LORD lack nothing <sup>1</sup> that is good.
- <sup>22</sup>O LORD, you redeem the life <sup>1</sup> of your servants,  
and those who put their trust in you will <sup>1</sup> not be punished. **R**

## Second Reading

1 John 3:1-3

*A saint is one who has been set apart by God for God's purposes. God, out of divine love, set us apart to be the children of God. Our holy hope is that we shall see God as God really is.*

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. <sup>2</sup>Beloved, we are God's children now; what we will be has

not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. <sup>3</sup>And all who have this hope in him purify themselves, just as he is pure.

## Gospel

Matthew 5:1-12

*In the Beatitudes, Jesus provides a unique description of those who are blessed with God's favor. His teaching is surprising and shocking to those who seek wealth, fame, and control over others.*

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. <sup>2</sup>Then he began to speak, and taught them, saying:

<sup>3</sup>"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

<sup>4</sup>"Blessed are those who mourn, for they will be comforted.

<sup>5</sup>"Blessed are the meek, for they will inherit the earth.

<sup>6</sup>"Blessed are those who hunger and thirst for righteousness, for they will be filled.

<sup>7</sup>"Blessed are the merciful, for they will receive mercy.

<sup>8</sup>"Blessed are the pure in heart, for they will see God.

<sup>9</sup>"Blessed are the peacemakers, for they will be called children of God.

<sup>10</sup>"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

<sup>11</sup>"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account <sup>12</sup>Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."